

**HOUSTON AREA ADDRESSES**

**CENTRAL**

**Alive & Kicking (77004)**  
2305 McGowen at Dowling  
For Info: (713)739-0078  
**Fresh Start Group (77021)**  
3368 Dixie Dr.  
For Info: (713) 666-2868  
The Living Word Church  
**Lavender St. Group (77026)**  
Women Only Facility  
5630 Lavender St.  
For Info: (713)859-2927  
**Living & Enjoying Life (77009)**  
House of Extra Measures  
Women Only Facility  
803 Bayland  
For Info: (832)656-7296

**HEIGHTS (77008)**

**Basic Recovery Group** ☺ ☯  
1240 Yale (at 13th)  
Grace United Methodist Church in basement  
**New Heights Group**  
1245 Heights Blvd.  
Grace United Methodist Church Rear bldg. Upstairs above Library

**MONTROSE**

**The Sooner the Better (77006)** ☺ ☯  
401 Branard @ Garrett, 1st Floor  
For Info: (832) 715-6637  
**Just in Time (77007)**  
303 Jackson Hill St.  
(The Council on Alcohol and Drugs)

**NORTHWEST**

**Cypress Group (77433)**  
St. Adans Episcopal Church  
13131 Fry Road, Cypress TX  
**Hugs Not Drugs (77018)** ☺ ☯  
2101 West 34th Street  
Temple Oaks Baptist Church  
**No Matter What Group (77018)**  
2212 Lou Ellen  
The Recovery House  
For Info: 713-812-1211  
**Saturday Night Live (77018)** ☺  
4301 Donna Bell  
(off T. C. Jester, at 43rd.)  
**The Ultimate Weapon Group (77018)** ☺  
Extended Aftercare meeting Hall  
5113 Del Sur

**EAST (77015)**

**Alive With Pleasure** ☺ ☯  
13828 Corpus Christi  
Leon Grayson Community Ctr  
For Info: (713)455-3660  
**Together We Can** ☺ ☯  
12243 Market St.

**SOUTHEAST**

**The Bitter Ends (77083)**  
7843 Park Place

**Familia Unida** ☺ ☯ (77011)

7301 Avenue F  
For Info: 832-607-9875  
**Edgebrook Unity** ☺ (77034)  
2217 Theta, Youth Building  
St. Stephens Presbyterian  
**Sunday Starters @ Familia Unida (77011)** ☺  
7301 Avenue F

**SPRING BRANCH**

**Save Your Ass Group (77080)**  
The PaRC @ Memorial Hermann  
3043 Gessner, 1st Floor, Room A  
For Info: (281)318-9409  
**The Ties That Bind Us (77055)** ☺ ☯  
1203 Wirt Road  
For info: (713)208-2538

**SOUTHWEST**

**Hope for the Hopeless (77045)**  
13324 Alameda  
For Info: 832-247-6152  
**Just A Meeting (77035)**  
14540 Minetta  
2 Blocks east of Fondren  
For info: (713) 729-3415  
**Just For Today Group (77035)**  
14540 Minetta  
2 Blocks east of Fondren  
**Keep It Real Group (77035)**  
14540 Minetta  
2 Blocks east of Fondren  
For Info: (713) 729-3415  
**The New KIS (Keep It Simple Group of NA (77096))**  
6327 Sanford

**Remember the Pain (77025)**  
3511 Linkwood Dr.  
Bethany United Methodist Church  
For Info: (281) 678-6662  
**We Understand** ☺ ☯ (77036)  
6500 Hornwood at Rookin  
West Oaks Hospital Cafeteria  
**Westside Group** ☺ ☯ (77042)  
3663 Westcenter Dr.  
First Methodist Community Center  
Youth Center

**NORTH**

**1960 Group** ☺ (77090)  
1711 W. FM 1960  
Spring Woods Methodist Church  
House in back of church  
Alternate location:  
14910 Stuebner Airline - group is displaced quarterly  
**Cypresswood NA (77070)**  
8320 Louetta, Suite 192, Spring  
In Alano Club behind Hollywood Video  
For Info: (281)251-4011  
**The Woodlands Group (77385)**  
27351 Blueberry Hill #39  
Oakridge N. TX  
For Info: (936) 647-8343

**NORTHSIDE AREA ADDRESSES**

**CONROE (77301)**

\* **Better Late Than Never**  
2030 FM 2854  
Copperfield Church  
(Old Montgomery Hwy.)  
For Info: 936-756-3171

**SPLENDORA (77372)**

\* **New Hope Group** ☺  
First Missionary Baptist Church  
26768 FM 2090 E.  
For Info: 936-718-9909

**HUMBLE (77396)**

\* **Hope for the Hopeless Group**  
2805 S. Houston Ave.  
For Info: 713-392-0498

**HUNTSVILLE (77320)**

\* **Serious Undertakings** ☺  
700 E. Hwy 30

**KINGWOOD (77339)**

\* **Hope without Dope** ☺ ☯  
22770 Hwy 59 N., Kingwood  
2nd Baptist Church  
FLC Bldg Room 202  
For Info: (281) 354-7721

**ONALASKA (77360)**

\* **Straight & Simple Group** ☺  
13667 East Hwy 190  
For Info: (936) 933-3157 or  
(936) 933-5739

**SPRING (77386)**

\* **Crossroads** ☺  
Faith United Methodist Church  
2403 Rayford Rd. (Behind Church)  
For Info: (832) 434-6859

**TOMBALL (77375)**

\* **Tomball New Attitudes** ☺  
715 E. Carrell, Room 103  
For Info: (713) 502-4364

**TRI-COUNTY AREA ADDRESSES**

**ALVIN (77511)**

▲ **New Hope Group** ☺  
204 South Taylor Street

**ANGLETON (77515)**

▲ **Clean & Serene** ☺  
First Methodist Church (in back)  
219 Arcola @ Myrtle

**BAY CITY (77414)**

▲ **Refuge Group** ☺  
2105 Ave. M - M,W,TH  
2423 Ave. C - T, F, Sat., Sun.

**CLEAR LAKE (77062)**

▲ **Courage to Change**  
1511 El Dorado Blvd. #212  
▲ **Welcome Home Group**  
1511 El Dorado Blvd.  
(in back, left doors, upstairs)

**CLUTE (77531)**

▲ **Monday Nite Unity** ☺  
Emmanuel Baptist Church  
509 Stratton Ridge Road (in Gym)

**DICKINSON (77539)**

▲ **High Noon Steppers Group**  
Community Center  
Hwy 3 at 28th Street ☺

**FREEPORT (77541)**

▲ **Freedom Group**  
101 Gulf Blvd. South (in back)

**GALVESTON (77551)**

▲ **Galveston Island Group - GIGNA**  
2504 39th  
▲ **Giving the Hope**  
2803 53rd St. - Moody Methodist  
▲ **No Ma'am Group**  
2803 53rd St. - Moody Methodist  
▲ **SOSNA Group**  
2004 35th St. @ P1/2 Street @  
"Artsy Fartsy"

**LA MARQUE (77568)**

▲ **True Courage**  
421 S. Oak

**TEXAS CITY (77590)**

▲ **Here and Now**  
916 8th Avenue North  
USW Union Hall

**WEBSTER (77598)**

▲ **Clear Lake Group** ☺ ☯  
506 W. NASA RD 1 @ N. Walnut

**EN ESPANOL**

**Nuevo Modo de Vivir (77080)**  
Memorial Hermann Parc  
3043 Gessner Jorge 713-410-2920  
Miercoles 7:00 to 8:00

**HOUSTON, NORTHSIDE and TRI-COUNTY AREA SERVICE COMMITTEES OF NARCOTICS ANONYMOUS**

These committees serve the groups at the area level and promote unity within the Areas.

Houston Area Service Committee of NA (HASCONA) PO Box 3561 Houston, TX 77253 (713) 661-4200 www.hascona.com  
Northside Area Service Committee of NA (NASCONA) PO Box 8003 The Woodlands, TX 77380 (713) 661-4200 www.nascona.org  
Texas Tri-County Area of NA (TTCANA) PO Box 878 Kemah, TX 77565 (888) 955-8822 www.ttcana.org

**HASCONA's** meetings are usually the last Sunday of each month at 1pm at Montrose Counseling Center, 401 Branard (@ Garrett) 77006  
**HASCONA's** subcommittee meetings (PI, H&I, Activities) are held every 3rd Sunday beginning at 12:30pm at **Hugs Not Drugs** (2102 West 34th Street in the Temple Oaks Baptist Church)  
**NASCONA's** meetings are usually the first Sunday of the month at 1pm. Location rotates between groups.  
**TTCASC's** meetings are usually the second Sunday of each month at 11am

New or existing groups which would like to become part of an area need to attend a monthly Area Service Committee (ASC) meeting.

**The 12 Steps of N.A.**

- 1. We admitted we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God, as we understood him.
- 4. We made a fearless and searching moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed and became willing to make amends to them all.
- 9. We made direct amends to such people whenever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts and to practice these principles in all our affairs.

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on the best we can to the bitter ends - jails, institutions, or death, or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in mans history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual, not religious program, known as Narcotics Anonymous.  
Basic Text, pg. 84, Fifth Edition

**SUGGESTIONS**

- Don't use no matter what!
- Avoid people, places and things you used with.
  - Get and use a sponsor.
  - Call people in the program.
  - 90 meetings in 90 days.
  - Go early and stay late.

**KEEP COMING BACK...IT WORKS!**

**PHONE NUMBERS**

If you use them,  
you won't lose them...

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_

*Houston Metro Area Meeting Schedule*

HASCONA (Houston),  
NASCONA (Northside)  
& TTCANA (Tri-County) Areas

November 2011



All meetings in this schedule are "open", unless otherwise noted. "Open" meetings are open to anyone who wants to attend. It is suggested that nonmembers do not share in regular meetings, although it is ok to share in meetings where recovery anniversaries are being celebrated. If a meeting is designated as a "closed" meeting, then that meeting is only for addicts or those who think they might have a drug problem.

*The only requirement for membership is the desire to stop using.*

**HELP LINES**  
**HASCONA (713) 661-4200**  
**Spanish Speaking 1-888-600-6229**

**MONDAY**

**Alive and Kicking**  
12 - 1:30 pm - Just For Today  
5:00 pm - 6:00 pm - Open Discussion  
7:45 pm - Steps  
**Alive With Pleasure**  
8:00 pm - Discussion  
**\* Better Late Than Never**  
Noon - Discussion  
6:00 pm - Men's/Women's  
8:00 pm - Discussion  
**Chance For Freedom**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Clear Lake Group**  
Noon - Discussion  
6:30 pm - Discussion  
8:00 pm - Discussion  
**Cypress Group**  
8:00 pm - Discussion (Classroom #2)  
**Familia Unida-Spanish**  
7:00 pm - Discussion (c)  
**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Here and Now**  
6:30 pm - Discussion  
8:00 pm - Women's (c)

**▲ High Noon Steppers Group**  
Noon - Discussion (2215 Ave. G)  
6:45 pm - Womens (c) (Hwy 3 @ 28th)  
**\* Hope for the Hopeless Group**  
8:00 pm - Discussion - Smoking  
**\* Hope without Dope**  
8:00 pm - Topic  
**Hugs Not Drugs**  
12:00 pm - Discussion  
8:00 pm - Discussion  
**Just For Today**  
12:15 pm  
**Just A Meeting**  
8:00 pm - Open Discussion-Smoking  
**Keep It Clean**  
8:00 pm - Ask It Basket  
**Keep It Real Group**  
10:00 pm - Open Discussion-Smoking  
**The New KIS (Keep It Simple)**  
7:30-8:30 pm - Step Study  
**▲ Monday Night Unity Group**  
7:00 pm - Discussion  
**\* Never Alone Never Again**  
7:15 pm - Speaker  
**New Heights Group**  
8:00 pm - Discussion  
1st Monday - Basic Text Study  
**▲ New Hope Group (Alvin)**  
6:00 pm - Text Study

**\* 1960 Group**  
8:00 pm - Open  
**▲ No Ma'am Group**  
7:30 pm - Men's Mtg.  
**▲ Refuge Group**  
8:00 pm - Discussion  
**\* Straight & Simple Group**  
7:30 pm - Open Discussion  
**▲ SOSNA Group**  
7:30 am Discussion  
6:30 pm Discussion  
**Surrender to Win**  
8:00 pm - Discussion  
**Save Your Ass Group**  
7:00 pm IP Study-Closed  
**\* Tomball New Attitudes**  
6:30 pm - Book Study  
**The Sooner the Better**  
12:00 pm Discussion  
-Newcomer Meeting  
8:00 pm - Literature Study  
**Together We Can**  
Noon - Discussion  
6:30 pm - Women's (Smoking)  
**▲ True Courage**  
8:00 pm - Discussion  
**Woodlands Group**  
6:30 pm - Men's Meeting  
8:00 pm - Step/Traditions Study  
4<sup>th</sup> Monday Speaker

**TUESDAY**

**Alive and Kicking**  
12 - 1:30 pm - Just For Today  
3:00 pm - Discussion  
7:45 pm - Traditions  
**\* Better Late Than Never**  
Noon - Discussion  
6:00 pm - Men/Women (c)  
8:00 pm - Beginners  
**Chance For Freedom**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Clear Lake Group**  
Noon - Discussion  
6:30 pm - Discussion (c)  
8:00 pm - Womens  
8:00 pm - Open  
**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Step Study  
**▲ Giving the Hope**  
7:00 pm - Women's Mtg. (c)  
**▲ Here & Now**  
8:00 pm - Men's Mtg. (c)  
6:30 pm - Discussion (o)  
**▲ High Noon Steppers Group**  
(Hwy 3 @ 28th)  
8:00 pm - Discussion  
**Just For Today**  
12:15 pm

**Just A Meeting**  
8:00 pm - Open Discussion-Smoking  
**Keep It Clean**  
8:00 pm - Literature Study  
**Keep It Real Group**  
10:00 pm - Open Discussion-Smoking  
**The New KIS (Keep It Simple)**  
7:30-8:30 pm - Step Study  
**▲ Monday Nite Unity**  
7:00 pm - Discussion  
**\* New Hope Group (Splendor)**  
8:00 pm - Step Study  
**▲ New Hope Group (Alvin)**  
12:00 pm - Discussion  
6:00 pm Womens mtg. (c)  
8:00 pm - Newcomers Mtg.  
**No Matter What Group**  
8:00 pm - Open Discussion  
**1960 Group**  
9:30 pm - Deck of Cards  
**Pathfinders Group**  
7:00 pm - Discussion  
**Phoenix Group**  
7:30 pm - Discussion  
**▲ Refuge Group**  
8:00 pm - Discussion  
**\* Serious Undertakings**  
8:00 pm - Discussion

**▲ SOSNA Group**  
7:30 am Lit. Study  
6:30 pm Lit. Study  
**The Sooner the Better**  
8:00 pm - Discussion  
**Ties That Bind**  
8:00 pm Discussion  
**Together We Can**  
Noon - Discussion  
6:30 pm - Men's (Smoking)  
**Tomball New Attitudes**  
8:00 pm - Discussion  
**Westside Group**  
7:30 pm - Step Study  
**Woodlands Group**  
6:30 pm - Womens meeting  
8:00 pm - Literature Study

**WEDNESDAY**

**Alive and Kicking**  
12 - 1:30 pm - Just For Today  
5:00 - 6:00 pm - Workbook Study  
7:45 pm - Beginners  
**Alive with Pleasure**  
8:00 pm - Discussion  
**\* Better Late Than Never**  
Noon - Discussion  
6:00 pm - Discussion  
8:00 pm - Step Study (c)  
**Chance For Freedom**  
Noon - Discussion  
8:00 pm - Newcomers  
**▲ Clear Lake Group**  
Noon - Discussion  
6:30 - Discussion  
8:00 pm - Newcomers  
**Edgebrook Unity**  
8:00 pm - Discussion  
**Familia Unida-Bilingual**  
7:00 pm - Step Study (c)  
**▲ Freedom Group**  
7:00 pm - Discussion  
**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Steps/Traditions  
**▲ Here & Now**  
8:00 pm - Discussion

**▲ High Noon Steppers Group**  
(Hwy 3 @ 28th)  
8:00 pm - Discussion  
**\* Hope for the Hopeless Group**  
8:00 pm - Basic Text Study - Smoking  
**Just For Today**  
12:15 pm  
**Keep It Clean**  
8:00 pm - Step Study  
**Keep It Real Group**  
10:00 pm - Open Discussion-Smoking  
**The New KIS (Keep It Simple)**  
7:30 pm - Discussion  
**▲ New Hope Group (Alvin)**  
12:00 pm Meeting  
6:00 pm - Step Study  
**1960 Group**  
6:30 pm - Feelings(c)  
**New Heights**  
8:00 pm - Discussion  
Last Wednesday Speaker Meeting  
**▲ Refuge Group**  
8:00 pm - Basic Text Study  
**▲ SOSNA Group**  
7:30 am Discussion  
6:30 pm Discussion  
**\* Straight and Simple**  
7:30 pm - Discussion

**The Bitter Ends**  
6:30 pm - Discussion  
**The Sooner the Better**  
12:00 pm Discussion  
**Third Coast Group**  
7:30 - 9:00 pm - Topic Speaker  
**Ties That Bind**  
8:00 pm - Women's Meeting  
(in Conference Room)  
**Together We Can**  
Noon - Discussion - Smoking  
6:30 pm - Ask-it-Basket - Smoking  
**\* Tomball New Attitudes**  
6:30 pm - Discussion  
**Vigilance Group**  
8:00 pm - Step Study  
**We Understand**  
8:00 pm - Discussion  
**Woodlands Group**  
8:00 pm - God Box

**Alive and Kicking**  
12 - 1:30 pm - Just For Today  
3:00 pm - Discussion  
6:00 - 7:30 pm - Women (c)  
7:45 pm - Discussion  
**\* Better Late Than Never**  
Noon - Discussion  
6:00 pm How It Works Study (c)  
8:00 pm - Discussion  
**Chance For Freedom**  
Noon - Discussion  
8:00 pm - Book Study  
**▲ Clean and Serene**  
8:00 pm Discussion  
**▲ Clear Lake Group**  
Noon - Discussion  
6:30 pm - Discussion  
8:00 pm - Text Study  
**Cypress Group**  
8:00 pm - (Classrom #4)  
1st - Concepts Study  
2nd - Traditions Study  
3rd - Principles Discussion  
4th - Feelings Discussion  
5th - God Meeting  
**▲ Freedom Group**  
6:30 pm - Womens (c)  
8:00 pm - Discussion  
**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Steps/Traditions

**▲ Here & Now**  
8:00 pm - Discussion  
**▲ High Noon Steppers Group**  
8:00 pm - Discussion  
(Hwy 3 @ 28th St.)  
**\* Hope Without Dope**  
8:00 pm - Rotating Topics  
**Hugs Not Drugs**  
8:00 pm - Literature  
2nd Thurs. Speaker Meeting  
**Just For Today**  
12:15 pm  
**Just A Meeting**  
8:00 pm - Open Discussion-Smoking  
**Keep It Clean**  
8:00 pm - Discussion (c)  
**Keep It Real Group**  
10:00 pm - Open Discussion-Smoking  
**The New KIS (Keep It Simple)**  
7:30-8:30 pm - Oldtimers  
**Lavender St. Group-**  
**Women's Facility**  
6:30 pm - Women's Meeting (c)  
**▲ New Hope Group (Alvin)**  
12:00 pm Meeting  
8:00 pm - Newcomers mtg.  
**1960 Group**  
9:30 pm - Literature  
**Phoenix Group**  
7:30 pm - Discussion

**▲ Refuge Group**  
8:00 pm - Discussion  
**\* Serious Undertakings**  
8:00 pm - Discussion  
**▲ SOSNA Group**  
7:30 am Discussion  
6:30 pm Steps/Tradition  
**Save Your Ass Group**  
12:00 Noon - Room A  
**The Sooner the Better**  
8:00 pm - Discussion  
**Together We Can**  
6:30 pm -Format Varies ☺  
1<sup>st</sup> - Birthday Night (non-smoking)  
2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup> - Traditions Study(Smoking)  
3<sup>rd</sup> - Speaker (non-smoking)  
**Ultimate Weapon Group**  
12:00 Noon  
**Welcome Home Group**  
7:00 pm - Discussion  
**Westside Group**  
7:30 pm - Discussion  
**Woodlands Group**  
6:30 pm -Variable Format (c)  
8:00 pm - Leaders Choice

**THURSDAY**

**FRIDAY**

**Alive and Kicking**  
12 - 1:30 pm - Just For Today  
6:00 - 7:30 pm - Men's Mtg.  
7:45 pm - Discussion  
**Basic Recovery Group**  
8:00 pm - Literature  
**\* Better Late Than Never**  
Noon - Discussion  
6:00 pm - Discussion  
8:00 pm - God Box - (c)  
**Chance For Freedom**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Clear Lake Group**  
Noon - Discussion  
6:30 pm - Discussion  
8:00 pm - Discussion  
**Copperfield Group**  
7:00 pm Literature/Text Study  
**\* Crossroads**  
6:30 pm - Discussion  
**Familia Unida-Bilingual**  
7:00 pm - Discussion  
1st Friday Speaker  
Last Friday Birthday  
**▲ Freedom Group**  
8:00 pm Open  
**Fresh Start**  
7:30 pm - Discussion

**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Here & Now**  
8:00 pm - Text Study  
**▲ High Noon Steppers Group**  
noon - Discussion (2215 Ave G)  
8:00 PM - Discussion (Hwy 3 @ 28th)  
**Hope For The Hopeless (Almeda)**  
7:00 pm - Discussion  
**Just For Today**  
12:15 pm  
**Just A Meeting**  
8:00 pm - Open Discussion-Smoking  
**Keep It Clean**  
8:00 pm - 1st Speaker  
2nd, 3rd & 4th - Discussion  
**Keep It Real Group**  
10:00 pm - Open Discussion-Smoking  
**The New KIS (Keep It Simple)**  
7:30 pm - Discussion  
**\* New Hope Group (Splendor)**  
8:00 pm - Discussion  
**▲ New Hope Group (Alvin)**  
12:00 pm Meeting  
6:00 pm - Steps  
**\* Never Alone Never Again**  
7:15 pm - Discussion

**1960 Group**  
9:30 pm - Discussion  
**▲ Refuge Group**  
8:00 pm - Discussion  
**Remember the Pain**  
7:30 - 9:00 - Literature Study (closed)  
7:30 - 9:00 - Last Friday Open Anniversary  
**▲ SOSNA Group**  
7:30 am Discussion  
6:30 pm Discussion  
10:00 pm - Candle Light  
**The Sooner the Better**  
8:00 pm - Discussion  
**\* Straight & Simple Group**  
7:30 pm - Open Discussion  
**Together We Can**  
Noon - Discussion - Smoking  
6:30 pm - Step Study - Smoking  
**\* Tomball New Attitudes**  
6:30 pm - Discussion  
**Vigilance Group**  
6:00 pm - Discussion  
**Woodlands Group**  
8:00 pm - Five and Dime

**Alive and Kicking**  
Noon - Daily Meditation  
5:00 pm - Discussion  
7:45 pm - Discussion  
**\* Better Late Than Never**  
Noon - Discussion  
6:00 pm - Discussion  
9:30 pm - Candle Light  
**Chance For Freedom**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Clear Lake Group**  
Noon - Literature Study  
6:30 pm - Discussion  
8:00 pm - Discussion  
**▲ Freedom Group**  
8:00 pm - Discussion  
**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Here & Now**  
12:00 pm - Discussion  
8:00 pm - Discussion  
**Just For Today**  
1:00 pm  
**Just A Meeting**  
8:00 pm - Open Discussion-Smoking  
**Just in Time**  
Noon - Literature (closed)

**Keep It Clean**  
8:00 pm - Candlelight  
**Keep It Real Group**  
7:45 pm - Discussion  
10:00 pm - Candlelight - Smoking  
**The New KIS (Keep It Simple)**  
7:00-8:30 pm - Discussion  
**Living & Enjoying Life**  
1:00 am - Women's Closed Mtg.  
**▲ New Hope Group (Alvin)**  
12:00 pm Meeting  
6:00 pm - Discussion  
**1960 Group**  
8:00 pm - Discussion  
**▲ Refuge Group**  
8:00 pm - Discussion  
**Saturday Night Live**  
8:00 pm - Discussion  
**Serious Undertaking**  
8:00 pm - Discussion  
**▲ SOSNA Group**  
7:30 am Discussion  
6:30 pm Discussion  
5:00 pm 3rd Sat. Speak and Eat  
**\* Straight & Simple Group**  
7:30 pm - Candlelight  
**Third Coast Group**  
6:30 - 8:00 pm - Topic Speaker

**Together We Can**  
Noon - Discussion  
6:30 pm - Discussion  
**Westside Group**  
11:30 am - Discussion  
**Woodlands Group**  
8:00 pm - Foundations Meeting  
1st Sat. - 8:00 pm birthday

**SATURDAY**

**SUNDAY**

**Alive and Kicking**  
9:30 am -God  
5:00 pm - Oldtimers  
Last Sunday Birthday Night  
**\* Better Late Than Never**  
Noon - Discussion  
4:30 pm - Women's Step Study  
6:00 pm - Discussion  
8:00 pm - Discussion  
**Chance For Freedom**  
8:00 pm - Candlelight  
**▲ Clear Lake Group**  
1:00 pm - Discussion  
6:30 pm - Discussion  
8:00 pm - Discussion  
**Cypresswood NA**  
7:00 pm - Discussion  
**▲ Freedom Group**  
7:00 pm - Text Study  
**▲ GIGNA**  
Noon - Discussion  
8:00 pm - Discussion  
**▲ Here & Now**  
12:00 pm - Discussion  
6:30 pm - Speak & Eat 3rd Sunday  
8:00 pm - Discussion  
**Just For Today**  
11:30 am

**Keep It Clean**  
7:00 pm - Discussion  
**\* New Hope Grp (Splendor)**  
7:00 pm - Open  
**▲ New Hope Group (Alvin)**  
11:00 am - Discussion  
6:00 pm - Discussion  
**The New KIS (Keep It Simple)**  
7:30 pm - Discussion  
**One Promise**  
6:30 pm - Discussion  
**▲ Refuge Group**  
8:00 pm - Discussion  
**\* Serious Undertakings**  
7:00 pm - basic Text Study  
**▲ SOSNA Group**  
7:30 am Discussion  
6:30 pm Discussion  
**\* Straight & Simple Group**  
7:30 pm - Basic Text Study  
**Sunday Starters @ Familia Unida**  
9:30 am Eating Meeting  
**The Ties That Bind Us**  
8:00 pm - Discussion  
**The Ultimate Weapon Group**  
6:00 pm - Discussion

**Together We Can**  
1:00 pm - Discussion (Smoking)  
6:30 pm - Spiritual Discussion Mtg.  
- Smoking  
**Woodlands Group**  
11:00 am - Discussion  
8:00 pm - Candlelight

**Area Key**

unmarked HOUSTON Area  
\* Northside Area  
▲ Tri-County Area

Meetings marked ☺ are that meeting only.  
See Addresses for Group ☺ & ☺ Status  
Closed Meeting - (c)

**HOUSTON AREA SERVICE OFFICE (HASO)**

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[www.nascona.org](http://www.nascona.org)

[www.ttcana.org](http://www.ttcana.org)

Email Changes to - [schedulechanges@hascona.com](mailto:schedulechanges@hascona.com)